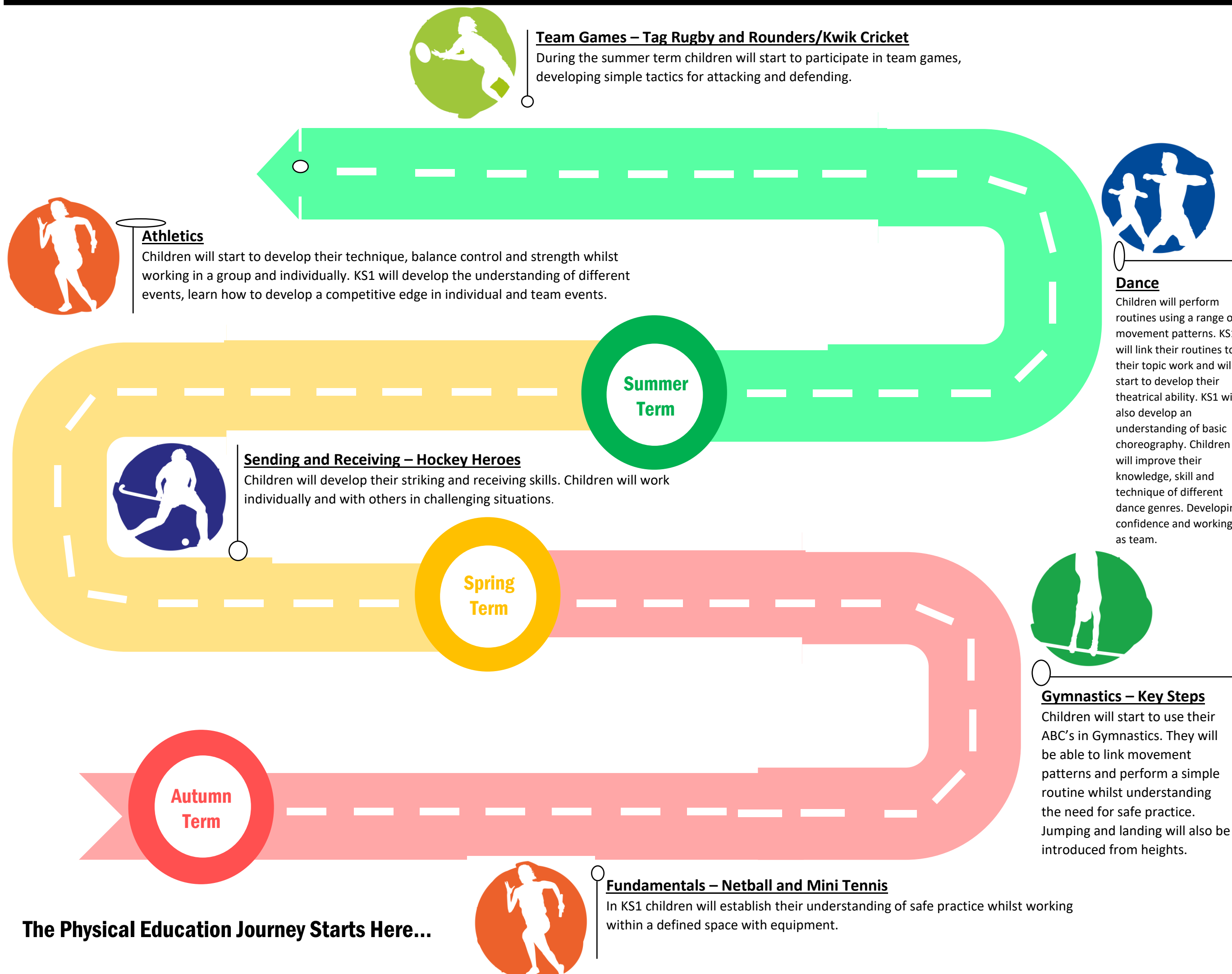


The Upton Meadows Physical Education Journey

Key Stage One – Creating A Love For Physical Education



Your School Games Values

During PE, staff understand the importance of values and focus on the YourSchoolGames Values which consist of:

- Teamwork
- Self-belief
- Honesty
- Passion
- Respect
- Determination

In celebration assemblies, one pupil will receive the 'SPORTS STAR OF THE WEEK' certificate for showing one or more of these values.

Extra-Curricular Sport

All children in KS1 the opportunity to attend FREE sports clubs run internally. In these clubs your children will experience an even wider range of sports including OAA and Sports hall Athletics. This enables children to find an enjoyment for a wide range of sporting activities.

There is also an array of external sports clubs on offer including, Hotshots Basketball and Freestyle Soccer that are run as paid for clubs.

Sports Competitions and Fixtures

Upton Meadows Primary School have access to the Northampton School Sport Partnership (NSSP), Northampton Town School Sports Federation (NTSSF), the NPAT Sports Project, Duston Cluster and Strictly Northampton. This ensures all pupils will be able to utilise the skills learnt during PE and extra-curricular sports clubs in a number of competitions, and fixtures, including inclusion events.

The Physical Education Journey Starts Here...