

## **Policy Title: Anti-Bullying Policy**

**Adopted: June 2019**

**For review: June 2021**

### **Introduction**

It is a Government requirement that all schools have an anti-bullying policy. In 2003 Ofsted published 'Bullying: Effective Action in Secondary Schools'. This was followed by DfE guidance for schools under two headings: 'Don't Suffer in Silence' and 'Bullying-A Charter for Action'. This policy reflects this guidance.

DfE guidance defines bullying as actions that are meant to be hurtful, and which happen on a regular basis. Bullying can be direct (either physical or verbal) or indirect (for example, being ignored or not spoken to).

### **Statement of Intent**

We at Upton Meadows Primary School are committed to providing a caring, friendly and safe environment for all our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to tell and know that incidents will be dealt with promptly and effectively. Anyone who suspects or knows that bullying is happening is expected to tell the staff.

### **What Is Bullying?**

Bullying is the use of repeated aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

### **Bullying can be:**

Emotional – being unfriendly, excluding, tormenting (e.g. hiding books, threatening gestures)  
Physical – pushing, kicking, hitting, punching or any use of violence  
Racist – racial taunts, graffiti, gestures  
Sexual – unwanted physical contact or sexually abusive comments  
Homophobic-because of or focussing on the issue of sexuality  
Verbal -name calling, sarcasm, spreading rumours, teasing  
Cyber-All areas of the internet, such as email, social media misuse & internet chat room misuse  
Mobile threats from text messaging & calls  
Misuse of associated technology, i.e. camera & video facilities

All pupils, parents and adults in the school should know that bullying is a behaviour which uses verbal or physical behaviour with the intention to cause emotional or physical harm to another person.

Any member of the school community can be a victim of bullying. Bullying can be direct – physical or verbal. It can be relational – e.g. leaving a child out, ostracising from friendship groups, using others as a means of attack or intimidation. Bullying can occur through the use of technologies such as by phone verbally, email, texting or by posting hurtful comments or pictures on websites. Bullying can

# Upton Meadows Primary School



happen on the basis of a perceived difference relating to race, religion and culture, SEN or disabilities, appearance or health conditions, home circumstances, gender or sexual orientation. Bullying can sometimes be unwitting, but the effect on the victim is still the same.

A simple way that children are taught to remember about how to respond to bullying is:

Several	Start
Times	Telling
On	Other
Purpose	People

Differences between bullying behaviour and poor behaviour and aggression that is not deemed bullying:

- The key difference as mentioned above is the regularity and pattern.
- Very serious behaviour, which will be dealt with under the Behaviour Policy, may not be bullying for this very reason.
- It is important that parents, staff and pupils understand the differences so that incidents can be dealt with appropriately.

## **Why is it Important to Respond to Bullying?**

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. This not only includes every child in the school, but also every member of the school community. Pupils who are bullying need to learn different ways of behaving.

## **Objectives of this Policy**

- All governors, teaching and support staff, pupils and parents should have an understanding of what bullying is.
- All governors, teaching and support staff should know what the school policy is on bullying, and follow it when bullying is reported.
- All pupils and parents should know what the school policy is on bullying, and what they should do if bullying arises.

As a school we take bullying seriously. Pupils and parents should be assured that they will be supported when bullying is reported.

This policy aims to produce a consistent school response to any bullying incidents that may occur.

# Upton Meadows Primary School



We aim to make all those connected with the school aware of our opposition to bullying, and we make clear each person's responsibilities with regard to the eradication of bullying in our school.

## Signs and Symptoms

A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and should investigate changes in a child's behaviour. These signs and behaviour could indicate other problems, but bullying should be considered a possibility and should be investigated.

## Procedures

1. Report bullying incidents to staff
2. In cases of bullying, the incidents are recorded by staff on My Concern (both the bully and the victim should be associated with the concern and the concern should be tagged as bullying). At this stage parents will be contacted and concerns shared.
3. In serious cases parents are informed and will be asked to come in for a meeting to discuss the problem
4. If necessary and appropriate, police will be consulted
5. The bullying behaviour or threats of bullying must be investigated and the bullying stopped quickly
6. Support systems will be put in place in an attempt to help the bully (bullies) change their behaviour
7. Support systems will also be put in place to support the victim
8. Class Behaviour records are monitored regularly by the phase leaders and My Concern is reviewed weekly by SLT.
9. The governing body monitors incidents of bullying that do occur, and reviews the effectiveness of this policy regularly. The governors require the head teacher to keep accurate records of all incidents of bullying, and to report to the governors on request about the effectiveness of school anti-bullying strategies.
10. A parent who is dissatisfied with the way the school has dealt with a bullying incident can ask the chair of governors to look into the matter. The governing body responds within ten days to any request from a parent to investigate incidents of bullying. In all cases the governing body notifies the head teacher, and asks him/her to conduct an investigation into the case, and to report back to a representative of the governing body.

## Outcomes

The bully (bullies) may be asked to genuinely apologise. Other consequences may take place.

In serious cases, exclusion will be considered

If possible, the pupils will be reconciled

After the incident/incidents have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place.

## **Prevention**

We use a range of resources and methods for helping children to prevent bullying. Our main scheme is JIGSAW, which provides age appropriate activities for children from Foundation Stage up to Year 6 and follows the principles of SEAL. The following are some of the cross-school work that is done to raise awareness of bullying:

- Anti-Bullying Ambassadors and displays around the school
- Writing school and class rules
- Signing a Home/School Agreement
- Whole School Approach to Anti-Bullying Week.
- PHSE lessons based on SEAL curriculum
- Worry boxes utilised around the school
- All children aware of the need to tell, not to be a bystander
- Support available at lunch times to address children's issues/behaviours led by Family Support Worker and Anti-bullying Ambassadors.
- Cyberbullying assembly
- Peer support – 'Sports Leaders' on playground at break and lunch times. Anti-bullying Ambassadors available to offer peer support, identified by their Blue Butterfly badge.

## **Anti-Bullying Ambassadors**

Our Anti-Bullying Ambassadors are a newly formed group of class representatives from across the school who meet regularly to discuss and implement strategies to prevent and tackle bullying. The Family Support Worker leads on this project. The committee provide pupil voice, design posters and parent leaflets to raise awareness and have undertaken training by the Police on their Blue Butterfly Project.

## **The role of the Headteacher**

It is the responsibility of the Headteacher to implement the school anti-bullying strategy, and to ensure that all staff (both teaching and non-teaching) are aware of the school policy, and know how to identify and deal with incidents of bullying. The Headteacher reports to the governing body about the effectiveness of the anti-bullying policy on request.

The Headteacher ensures that all children know that bullying is wrong, and that it is unacceptable behaviour in this school. The Headteacher draws the attention of children to this fact at suitable moments. For example, if an incident occurs, the Headteacher may decide to use an assembly as the forum in which to discuss with other children why this behaviour was wrong, and why a pupil is being punished.

The Headteacher ensures that all staff, including lunchtime staff, receives sufficient training to be equipped to identify and deal with all incidents of bullying.

The Headteacher sets the school climate of mutual support and praise for success, so making bullying less likely. When children feel they are important and belong to a friendly and welcoming school, bullying is far less likely to be part of their behaviour.

# Upton Meadows Primary School



## **The role of the teacher and support staff**

All the staff in our school take all forms of bullying seriously, and seek to prevent it from taking place.

Teachers keep their own records of all incidents that happen in their class (Behaviour books and My Concern), and that they are aware of in the school. If teachers witness an act of bullying, they will either investigate it themselves or refer it to senior leaders. Teachers and support staff do all they can to support the child who is being bullied.

When bullying takes place between members of a class, the teacher will deal with the issue immediately. This may involve counselling and support for the victim of the bullying, and punishment for the child who has carried out the bullying.

Time is spent talking to the child who has bullied: explaining why his/her action was wrong, and that child is encouraged to change his/her behaviour in future. If a child is repeatedly involved in bullying other children, we inform the head teacher and the appropriate senior team members. We then invite the child's parents into the school to discuss the situation. In more extreme cases, for example where these initial discussions have proven ineffective, the head teacher may contact external support agencies, such as the Children's Services.

Teachers use a range of methods to help prevent bullying and to establish a climate of trust and respect for all. They use drama, role-play, stories etc., within the formal curriculum, to help pupils understand the feelings of bullied children, and to practise the restraint required to avoid lapsing into bullying behaviour. Circle time is used to praise, reward and celebrate the success of all children, and thus to help create a positive atmosphere.

## **The role of parents**

Parents have a responsibility to support the school's anti-bullying policy, actively encouraging their child to be a positive member of the school.

Parents, who are concerned that their child might be being bullied, or who suspect that their child may be the perpetrator of bullying, should contact their child's class teacher immediately. If they are not satisfied with the response, they should contact the Headteacher. If they remain dissatisfied, they should follow the procedures detailed in the school's Complaints Policy.

## **The role of pupils**

Pupils are encouraged to tell anybody they trust if they are being bullied, and if the bullying continues, they must keep on letting people know.

Pupils are invited to tell us their views about a range of school issues, including bullying, in the annual pupil questionnaire.

## **The role of the Governing Body**

The Governing Body recognises that Britain is a modern inclusive society and that Upton Meadows Primary School should be welcoming to people of all backgrounds. The Governing Body will therefore ensure that all policies of the School reflect this and work with staff, parents and pupils to make everyone feel welcome.

# Upton Meadows Primary School



## **Monitoring and review**

This policy is monitored on a day-to-day basis by the Headteacher, who reports to governors on request about the effectiveness of the policy. Records of bullying and trends will be closely monitored by the SLT and shared with the safeguarding governor.

This anti-bullying policy is the governors' responsibility, and they review its effectiveness annually. They do this by examining the school's behaviour incidents files, and MyConcern where incidents of bullying are recorded along with all behavioural issues, and by discussion with the Headteacher. Governors analyse information for patterns of people, places or groups. They look out in particular for racist bullying, or bullying directed at children with disabilities or special educational needs.

This policy will be reviewed in two years, or earlier if necessary

Staff will be directed to read through and remind themselves of the policy content at the beginning of each academic year.

New staff will be directed to it once in post